

## Rainbow of Love

### LOVE CARES

You feel tender concern for the beloved's well-being—emotional, physical, and spiritual. You feel that their joy is your joy, their sorrow your sorrow. You want to take care of them. And because everyone loves to be needed, care *includes* the desire and willingness to be cared for and healed *by* the beloved.

### LOVE APPRECIATES

You feel, see, and respond to all that is good and beautiful in the beloved. You offer your heartfelt joy and respect in response to who they are. And you desire them.

### LOVE UNDERSTANDS

Love reaches to understand the heart and soul, the hopes, desires, and fears of the beloved. You want to know, hear, and understand your loved ones *entirely*.

### LOVE IS DEVOTED

Love is unselfish devotion, commitment to the true well-being and happiness of the beloved. In love, you give yourself for the joy, benefit, and fulfillment of the beloved.

### LOVE RECOGNIZES

You see the true self—the Divine nature—of the beloved. Their Divine beauty. Their heart and feeling. Their sensitivity and goodness. Their unique and exquisite beauty. And you recognize their power to heal and uplift you.

### LOVE WANTS TO LIBERATE

Love wants to help the beloved find relief from their suffering—including the pain that results from thoughts and behaviors that make them feel unhappy, limited, less-than-Godly, less like themselves.

### LOVE IS LOYAL

Love commits to doing right by the beloved, providing steady, ongoing support, standing up for them when they need it, defending their goodness against any untrue thought that we or anyone else might have about them. Love means being true to the beloved.

### LOVE IS DIVINE

God is love. When love moves, God moves. When you move with love, God moves with you. To love is to respond to all that lives as a healing flow of energy and compassion.